



NAVA SPURTHI

Bangalore Region



Vol. XII/ III

NEWS LETTER

July - October : 2022

Maria Sadan Regional House, Bangalore

Our 17 sisters from 3 provinces and 2 regions, who attended a refresher course at Prerana, visited us before they proceeded to their respective communities.

Sr. Daisy attended the Karnataka CRI for major superiors'. (KRCR) 25th Annual Assembly was held from July 7-9 at Ecumenical Christian Centre, White Field, Bangalore, the theme being Consecrated for Communion , Participation and Mission. Various inputs and discussions, as well as interactions with the Bishops of Karnataka enhanced our networking and relationship with the church authorities. The present education system, current issues, society, financial matters are concerns of the time.

Volken –Stan Swamy memorial lecture on “Democracy and Human Rights Defenders” was delivered by Senior Adv. Vrinda Grover and Adv. Henri Ziphane at ISI Bangalore. Srs. Smitha and Christine participated in it.

On 1 August our community celebrated the feast of Amma (Sr. Alphosa). She was happy to have a few visitors from kerala who stayed with us for 3 days.



Teresa Blumenstein (JcoR) Justice coalition of Religious, New York coordinator stayed with us for 2 days during SDG partnerships for goals in Bangalore. She was the resource person of JPIC workshop in Goa. Sr. Daisy shared the events that took place at G.C. 2022.



Independence Day: The School celebrated Independence day with much pomp and enthusiasm. The KG sections had their fancy dress competitions, based on the theme, “National Leaders, National Fruits and Vegetables”. The tiny tots’ parents were delighted to witness their performance on the stage. For the senior school, prayer service and competitions on Patriotic Songs and One Act Plays were organized.

Youth Meeting: At the end of August, the Diocese of Dharmapuri conducted a Youth Meeting in which Sr. Mercy and six parish youth participated. The Jesus Youth members addressed the group, motivating them to live the Christian values. This meeting was a clarion call for the youth to be the agents of change in the society.

On Teachers’ Day, the students show cased a variety of cultural items to express their gratitude to their dear teachers. The correspondent, Sr. Auxillia gave an enriching message to the teachers. The teachers were given small tokens of love and gratitude for their tireless service.

Tree Plantation: In the month of October, the Mary Ward Alumni decided to plant saplings in collaboration with “Bhoomi Foundation”. Around 20 Alumni along with 10 JPIC students, 3 sisters and a few other volunteers left for Boomi Foundation at Neepathurai which is about 30 kms. away from Mittapalli. Mr. Jayasurya, the president of Alumni along with his team arranged for 250 saplings from the forest department free of cost. It was a joyful and enriching experience for all the participants to plant the saplings in an area of 100 acres.



South Indians celebrate Ayudha Pooja, in which the tools we commonly use are cleaned and blessed and the school drivers cleaned their buses and decorated their buses. With a short prayer, these tools and buses were blessed.

Meeting at Dharmapuri: On 4 Oct. the Bishop of Dharmapuri Diocese, Rt. Rev. Dr. Lawrence Pius organized a meeting for all the Parish Council members and the CRI representatives of the Diocese to foster awareness on the challenges faced by the

Catholic families in the present scenario. Sr. Auxilia along with some of the Parish council members from Uthangarai parish attended the meeting which was very enriching.

St. Mary's Convent High School, Mulund.

PTA meeting for the academic year was conducted, parents' representatives were present for the same. Both Primary and Secondary sections had their Investiture ceremony.

'Prafulta', a Don Bosco association conducted a week long counselling sessions for the parents of classes 5 - 9, and career guidance for high school students. A good number of parents participated in the event.



75th Independence Day was celebrated by all three sections - pre-primary, primary and secondary with prayer services and various competitions. Our secondary students participated in T ward Tahasildar office celebration, "Aazadi Ka Amrut Mahotsav" and secured prizes for various activities. Our school band was selected to play the band on the occasion of their Ruby Jubilee.

Primary section had activities and competitions to mark the Independence day and pictures were uploaded on the Government web. of 'Har Ghar Tiranga.'

Our students participated in various inter school competitions held by T ward as well as other private organizations. They bagged prizes in most of the competitions.

National Nutrition month was commemorated. The primary and secondary primary students were given sessions on Healthy eating tips. Competitions were conducted for the secondary students on the same topic.



Our school organized many activities and competitions like folk dance, pot painting, lamp decoration, making wall hangings, elocution, singing, recitation and drawing competition and science exhibition, fancy dress, story telling, etc. etc.

For Teachers' Day celebration, the 10th class students posed as teachers and taught classes from KG to class 10. The whole day was supervised by the student council and the students of class 10. To our surprise the classes were better disciplined.

St. Mary's Day was celebrated with prayer service both primary and secondary sections. Hindi Diwas was marked by conducting prayer service and various competitions.

The community joined along with our priests to celebrate the feast of Mount Carmel. Parents' day and Vianney day were organized in the parish and we participated in it. Some of our sisters participated in the seminar on Leadership which was conducted in Bangalore. Sr. Lima was away to attend GC.

News Flash of ICSE, Mulund

A memorable Investiture ceremony was conducted; it was memorable because the student office bearers were from Grade 1. An orientation programme for parents on how to bring up the modern children, was given by Dr. Denessia. Teachers were given the training for the effective use of digital world to the classroom. The month of August began with exams and the anxiety of the parents was extinguished by the excellent result.



Independence Day was marked by a meaningful prayer service, flag making, and interclass Patriotic song competitions. Our grade 1 and KG department did a wonderful performance to enhance the joy and happiness of our teachers on Teachers' day. It was a wonderful day for them. Life bubbles in a school when the classroom and campus mingled with studies and different activities and the noise and laughter of children.

St. Mary's Convent, Alakode.

The month of July reminds us of some of our great saints like St. Thomas, the apostle, St. Benedict, Our Lady of Mount Carmel, St. James the apostle, St. Alphonsa and St. Ignatius, our spiritual father. As Sr. Thomasina bears the name of St. Thomas, her feast was celebrated in a grand style.

Srs. Jyotsana, Thomasina and Sherly attended a course on Discernment in Prerana, the Jesuit Spirituality Center in Bangalore. Sr. Lawrentia had a few falls one after the other and was admitted in the hospital for a few days. Now she feels better but is confined to her room and is being cared for by a home nurse. Sr. Gladys too had some infections on her left leg and was hospitalized for five days for better care and treatment.

Events and Activities

International Anti-drug day was observed in the school in the last week of June. The students performed various items like poem, skit, speeches etc. to give awareness to the students on the hazards of drugs. Mr. Renjith, a Civil Excise Officer enlightened them on the danger of taking drugs. At the end of the session, the students took a pledge, promising to say **NO** to drugs.

Election of student council members and captains were conducted in the last week of June. A beautiful investiture ceremony of the captains was systematically conducted under the supervision of teachers of higher secondary.



PTA general body meeting was held on 2 July. Mr. Binish K. Menon gave a beautiful session on parenting skills. All the teachers and parents were very happy to attend such a wonderful session.



The “Hiroshima and Nagasaki Day” was observed with so much fervour in our school. A quiz was conducted by the teachers.

On the occasion of Independence Day, we had a well-prepared prayer service and various competitions based on the theme of National Integration for kindergarten students and high school students. It was well presented and appreciated by all.

On 3 September, all the students came to the school bubbling with joy and enthusiasm to celebrate the Teachers’ Day and the state harvest festival ‘Onam’. The students prepared a short entertainment program for the teachers and appreciated all the teachers for their committed service to them. As a token of their love and appreciation, they gave all the teachers a card and a flower each. After a short break the students gathered in the school ground for the Onam celebrations. All the students were given ‘payasam’(a sweet gruel prepared for festivities). Students also participated actively in the tug of war competitions.



The Cultural Fest was conducted on 17 October. The students participated with enthusiasm and vigour in various dance competitions, mono act, mimicry etc.

A session on Communicative competence was conducted by Mr. Varghese Joseph in which he trained the teachers with easy ways to teach Communicative English to the students. Our school took part in various literal, cultural and sports competitions held by the Sahodaya and won many prizes. We feel proud of our students and the teachers for their hard work and tireless efforts. We are so happy to inform you that our school basket ball team is selected to play in the state level match.

On the occasion of St. Thomas day, students of Class 9 conducted a prayer service with a meaningful skit depicting the life of St. Thomas. On this joyful occasion, certificates were distributed to the students for various activities. In addition, we also began with activity classes for the entire school with Karate, dance and yoga in the month of July. A special appreciation award was rendered for the outstanding performance of the students with trophies for choral recitation.

89th birthday of Sr. Carina was a great day for us and the school, with a special Eucharist and other programmes.



Our KCSL animators, Mrs. Gincy and Mrs. Nisha, along with club leaders attended a one day seminar on leadership in Pala Diocesan Pastoral Centre. Our KCSL students also participated in a drawing competition conducted by Pala Diocese and bagged prizes. Congratulations to all our winners.

To mark the 75th Independence Day of our country, the school conducted many competitions such as fancy dress, patriotic songs, collage making, etc. Eight of our students participated in a speech competition conducted by Kottayam Youth Association and they won prizes.



Sr. Lucia, the animator of our community, was privileged to be part of our General Congregation in Rome. She was also lucky to visit Germany with 7 of our Indian sisters who were accompanied by Sr. Mechtilde Mechle, who was our former General Superior. Keeping in mind the theme of JPIC for the year 2022- 23 , “**Listening to the cry of the poor**” the JPIC club leaders and animators along with class teachers took initiative in collecting lunch packets and distributed them to deserving patients. The JPIC conducted a ‘plastic free school’ campaign.

Onam, our State festival, was celebrated on a large scale with many competitions. Our PTA President handed over the prizes to the winners. The school was closed for 10 days.



After the festive holidays, the students returned to school and celebrated the Teachers' Day. A meaningful and inspiring prayer service was conducted along with a comedy entertainment programme by the students. Teachers were thrilled by the performance of their students.



On 24 September, we were privileged to celebrate Sr. Carina's 70th year, in religious life. We thank and praise God along with her for keeping her healthy and active till date. She was very happy that she got the apostolic blessing of Pope Francis on the occasion of her jubilee.

Mary Ward – Puthenvelikara

We had many celebrations from the beginning of July. Sr. Vidya accompanied Sunday school students of our parish for singing competition at the diocesan pastoral centre. Srs. Rosemary and Vidya attended the education meeting at Bangalore. The Manager's Day, Sr. Deepti's birthday was celebrated with a meaningful prayer service followed by cultural programme.

Sr. Rosalia was hospitalised from 1 to 17 August for surgery. Sisters took turns to stay with her. In the beginning of August there was a flood alert and so we made arrangements with Sr. Lucia to accommodate Srs. Esther and Francisca to be on a safer side with Pizhaku community. But as a result of Sr. Francisca's intense prayer with lighted candles, they were saved from that trip. We thank God that we were spared from flood.

Independence Day was celebrated with various competitions like Patriotic song, Fancy dress, Mass PT etc. Onam, the festival of Kerala was celebrated with much enthusiasm. We honoured all our staff on Teachers' Day with a meaningful prayer service and cultural program.

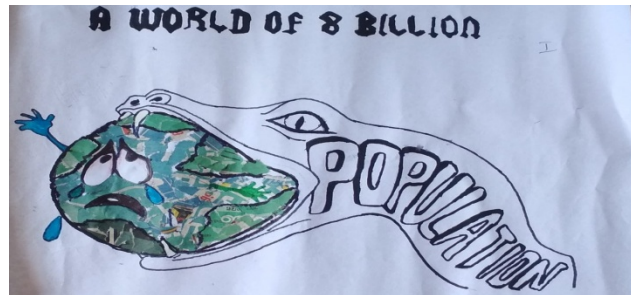
150 relics of saints were displayed in our parish Church and the whole day was kept as a prayer day. The parish celebrated the feast of the Exaltation of the Holy Cross preceded by a three day retreat and novena. All of us were part of the celebration. Logo Bible

quiz was held in our school for our parishioners. Our students participated in the diocesan level KCSL competitions.

In order to improve the language of the children a **Spell Bee** competition was conducted for classes 1 to 10. Students actively participated in the program. As part of the JPIC program World Population Day was observed. In order to bring more awareness among the children, competitions like collage making and speech on the theme – *Control Population to Save Earth* was organised.



Onam celebration



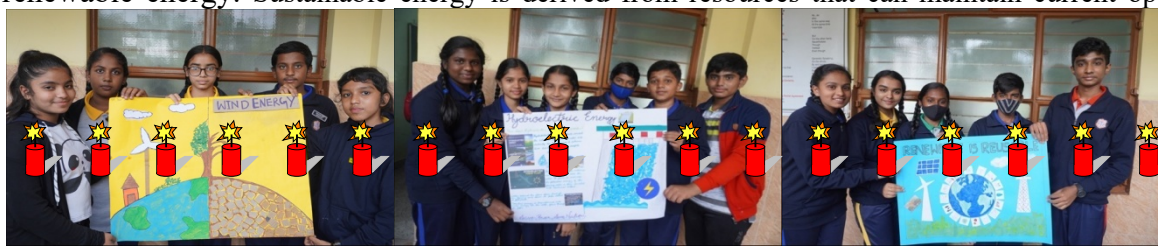
ST. MARY'S CONVENT SCHOOL, BANGALORE

Health Awareness- By T. John College of Pharmacy.

The Health Awareness program was organized with the main objective of addressing issues of personal health care, vaccination, hygiene, prevention of illness in order to promote a sense of wellbeing. The Final year students of T. John college of Pharmacy conducted the workshop and encouraged the students to incorporate healthy habits; to boost up their daily nutrition intake; and take various preventive measures so that in the upcoming times they can stay safe and sound. They were also given information on how to integrate and maintain hygiene in their lifestyle.



Friends of Mary Ward Club Activity- "The future is green energy, sustainability, renewable energy" : Classes 6 to 10 had poster making activity as part of FMW club activity. To commemorate the world population day, in advance, on 9 July, a program was conducted to give awareness for the use of renewable energy. Sustainable energy is derived from resources that can maintain current operations



without jeopardizing the energy needs of climate for future generations. The most popular sources of sustainable energy are wind, solar and hydropower.

JPIC- “Rain Water Harvesting”

“Rain Water Harvesting” activity was conducted during JPIC club period for classes VI to X. This was to bring higher order thinking skills in students. The students designed and built a rainwater collection system. This involved analysis of rainfall data, decision on the use of water for their collected rainwater, and competing designs for the rainwater collection system.

KINDERGARTEN - Red Day Celebration



The 'Red Day' celebration was a wonderful learning activity which helped children to understand the concept of Primary Colors. RED colour symbolizes enthusiasm, life,

Fancy Dress Competition : KG students had the Fancy dress competition on the theme National Symbols of India – The students dressed themselves as National flower, national animal, Bird, Tree, Vegetable and reminded us of the Country’s great symbolisms.



Talent fest: 10 to 12-Aug-2022 : A three day Talent Fest was conducted at School to unlock talents of students and to give a creative expression to it. Many students took part in variety of events. The competitions included Clay Modeling, Pot-Painting, Dance Wall Hangers, Making Jewellery, Speech, Mehendi Design competition, Singing and many other items.

KARATE OPEN CHAMPION SHIP: Our Class 3 & 4 students participated enthusiastically in the “10th SOUTH INDIA LEVEL KARATE OPEN CHAMPION SHIP” and won trophy and medals.



75th Independence Day- 'Azadi Ka Amrit Mahotsav' : The School celebrated the 75 years of Independence of India, with great excitement and paid tribute to freedom fighters.

Inter School Science Exhibition: Our students participated in the Science exhibition hosted by T. John College. They presented many models like solar energy, models of Volcano etc. Class 7 student Master Chiranth secured 3rd prize and won the cash award of Rs. 1,500/-



ORIENTATION FOR Mother and Daughter:

Keeping in mind the Menstrual Health and Hygiene, the school conducted an Orientation to help the girls to become aware of the bodily changes and to develop positive communication which can greatly help young girls to establish individual values and maintain health. The feedback from the program was very favorable.